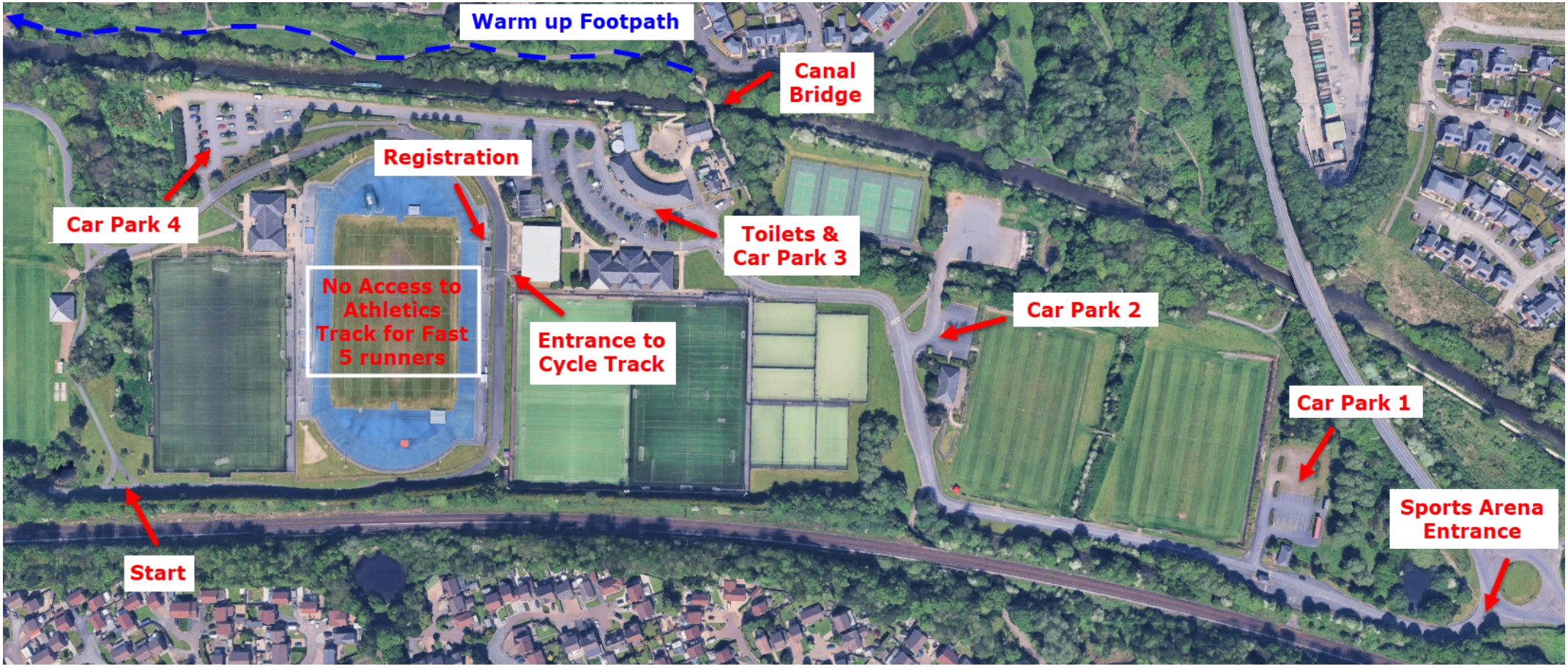
Warm up Footpath
Canal Bridge
Registration
Car Park 4
Toilets & Car Park 3
No Access to Athletics Track for Fast 5 runners
Entrance to Cycle Track
Car Park 2
Car Park 1
Sports Arena Entrance
Start