

# PRESTON HARRIERS

## 38TH ANNUAL PRESTON 10 MILE ROAD RACE Sunday 17th November 2019

**Inc. Northern Athletics 10 Mile Road Race Championship  
Lancashire 10 Mile Road Championship  
National Fire Service 10 Mile Road Championship**

### Race Day Information

Venue	Hutton Grammar School, Hutton, Preston, PR4 5SN
Course	Certified 10 mile (2 Laps) with mile markers.
Start Time	10.00am at Moor Lane, Hutton
Car Parking	Please follow marshal directions & car park signs Do not park on the roads by the school. Please try to car share.
Race Numbers	Collect from Registration before 9.30am. To be worn on the front of the vest. Remember to bring pins. Please fill in name, address & medical details on reverse. Numbers must not be transferred to another runner.
Chip Timing The Race	The chip timing is on the race number. At the start you must run over the start mat. Keep to the left on the road unless instructed otherwise by marshals. Failure to follow marshals instructions will result in disqualification
Headphones	For safety reasons the wearing of headphones will result in disqualification. See UKA Rules of Competition.
Finish Memento Prizes Presentation Other Info	Numbers & Times will be recorded and a results list published. All finishers will receive a medal & souvenir bag. A full list will be displayed on race day. At 12.30 - 1.00pm Please do not change or leave your kit bag in the registration hall. There is a Bag Drop. Changing rooms, showers & toilets are available. Please Note, ladies toilets are situated in the school's sports complex, not in the registration building.
Race Policy	It is race policy that once a runner has entered the race it will not be possible to offer any refund, transfer an entry to another runner or defer an entry until the following year.



**Pete Bland Sports** will be present on race day to provide a full range of shoes, clothing and running accessories. You can request a product to be taken to the race by emailing [sales@peteblandsports.co.uk](mailto:sales@peteblandsports.co.uk) or by telephoning 01539 731012

*In accordance with UKA Rules Licence No. 2019-37650  
Course Measurement Certificate 18 – 417*

