

## Mid Lancs. Entry Procedure for 2019 Season

First Meeting is at Blackburn 14<sup>th</sup> April 2019

For Order of events and further details of the league see Website of the Mid Lancs Track & Field League <http://www.midlancs.org.uk>

### **Preston Harriers Procedure for allocation of events at each Mid Lancs meet this season**

Preston Harriers are allocated limited places in each event per age group

1. 8 athletes in each track event
2. 5 in field events except High Jump which can have only 3

Athletes must register their interest to compete by emailing Team Manager - Gary Tunstall [garytunstall@btinternet.com](mailto:garytunstall@btinternet.com)

3. Maximum 3 events
4. List order of preference in the email
5. provide name - date of birth (school year) and EA ref number if you have one

We expect as in previous years that there will be high demand for the Sprint, Long jump and Middle distance events for the under 13's and under 15's

Athletes in the under 13's (school years 6 and 7) and under 15's (school years 8 and 9) will only be able to apply for 2 of the sprints & Long Jump (2 of 100m 200m Long Jump) and only one middle distance race either the 800m or 1500m.

**Parents must email for athletes under 18. No requests will be accepted from coaches**

Allocation of events will be made on the **Monday** prior to each MidLancs meeting on a random draw basis. Athletes missing out on their **preferred** selection will be prioritised at the next meeting.

If there are spaces left in the week preceding the meeting they will be allocated as **equitably** as possible.

#### **Note**

**• If you have entered an event and fail to turn up without letting Gary know in good time then you won't be able to pre enter for the next Mid Lancs fixture. So let Gary know if you cannot compete.**

**It would be appreciated if some Parents would volunteer to help with the running of the meetings. Ethan Tibbs will be coordinating officials/helpers for each meeting.**

**ALL ATHLETES MUST WEAR A CLUB VEST TO COMPETE**

**NUMBERS SHOULD BE COLLECTED FROM ONE OF THE PRESTON TEAM ON ARRIVAL  
- RETAIN YOUR NUMBERS FOR THE SEASON**