

Race Calendar - Road, Fell & Cross Country

Day	Date	Type	Race	
Sat	02-Mar-19	CC	MLCC Cuerden	
Sat	09-Mar-19	CC	Inter Counties CC Championship	Loughborough
Sat	09-Mar-19	CC	BA Cross Challenge	Loughborough
Sat	16-Mar-19	CC	English Schools CC Championship	Chelmsford
Sun	17-Mar-19	Road	Wigan 10 Mile	RC
Sun	24-Mar-19	Road	Northern 12 Stage Mens Road Relay	
Sun	24-Mar-19	Road	Northern 6 Stage Womens Road Relay	
Wed	03-Apr-19	Road	Blackpool Inter Club	RC, VV
Sat	06-Apr-19	Road	ERRA 12 Stage Mens Road Relay	
Sat	06-Apr-19	Road	ERRA 6 Stage Womens Road Relay	
Sat	06-Apr-19	Fell	Pendle FR	FC, JF, ICF
Sun	07-Apr-19	Road	Darwen Heritage Half Marathon	RC
Fri	26-Apr-19	Road	Mid Cheshire 5k	RC
Sun	28-Apr-19	Road	London Marathon	
Thur	02-May-19	Road	Lytham Inter Club	RC
Sat	04-May-19	Fell	Coniston FR	FC
Sun	05-May-19	Fell	Great Hameldon FR	JF
Mon	06-May-19	Road	Avenham Park 5k	RC
Sat	18-May-19	Road	British Masters Road Relays	
Sun	19-May-19	Fell	Calderdale Way Relay	
Sat	25-May-19	Fell	Hutton Roof Crags FR	JF
Thur	06-Jun-19	Fell	Leo Pollard Memorial FR	FC, ICF
Wed	12-Jun-19	Road	Preston Inter-Club	
Tue	18-Jun-19	Fell	Paddy's Pole FR	
Sat	22-Jun-19	Fell	Clougha Pike FR	FC, JF, ICF
Sun	23-Jun-19	Road	Penny Lane Striders 10k	RC
Tue	25-Jun-19	Road	Thornton Inter-Club	RC, VV
Sun	30-Jun-19	Road	Southport Half Marathonn	RC
Sun	21-Jul-19	Fell	Holme Moss FR	FC
Mon	22-Jul-19	Road	Wesham Inter-Club	RC
Sun	28-Jul-19	Road	Calder Vale 10 Mile	RC
Wed	31-Jul-19	Fell	Lee Mill FR	FC, ICF
Sun	03-Aug-19	Fell	Hellifield Gala FR	JF
Wed	14-Aug-19	Road	Chorley Inter-Club	RC
Sat	24-Aug-19	Fell	Chipping Show FR	
Wed	04-Sep-19	Road	Red Rose Inter-Club	RC, VV
Sat	07-Sep-19	Road	North West Counties Road Relays	
Sun	08-Sep-19	Road	Great North Run	
Sun	15-Sep-19	Road	Northern Athletics Combined Autumn Road Relays (TBC)	
Sat	21-Sep-19	Fell	Three Shires FR	FC
Sun	22-Sep-19	Road	Northern Athletics Combined Autumn Road Relays (TBC)	
Sun	29-Sep-19	Road	UK Fast City of Preston 10k	RC
Sun	06-Oct-19	Fell	Hodgson Brothers Mountain Relay	
Sat	06-Oct-19	Road	ERRA Combined Autumn Relays	
Sun	06-Oct-19	Road	Kirkby Milers Safari 10 Mile	RC
Sat	19-Oct-19	CC	Northern Athletics Cross Country Relays	
Sat	19-Oct-19	Fell	British Fell Relay Championship	
Sat	26-Oct-19	CC	British Masters Cross Country Relay Championship	Long Eaton
Sun	27-Oct-19	Fell	Grin and Bear It FR	FC

Race Calendar - Road, Fell & Cross Country

Day	Date	Type	Race	
Sat	02-Nov-19	CC	ECCA Cross Country Relays	Mansfield
Sun	17-Nov-19	Road	Preston 10 (Lancs 10 Mile Championship) RR	
Sat	23-Nov-19	CC	MLCC Liverpool/BA Cross Challenge	
Sat	04-Jan-20	CC	Lancashire Cross Country Championship	
Sat	25-Jan-20	CC	Northern Athletics CC Championship	
Sat	22-Feb-20	CC	English National Cross Country Championship	Nottingham

RC - Road Championship

FC - Fell Championship

JF - Junior Fell Championship

ICF - Inter Club Fell Championship

VV - Vernon Vets Trophy