

# Lancashire County Sportshall League 2018/19

## ENTRY FORM

*Blackpool Sports Centre, West Park Drive, Blackpool. FY3 9HQ*

2<sup>nd</sup> December 2018

Athlete Name \_\_\_\_\_ D. of B. \_\_\_\_\_ M/F \_\_\_\_\_ Age Group \_\_\_\_\_

Athlete Address \_\_\_\_\_

Club/School Name \_\_\_\_\_ EA Reg No. \_\_\_\_\_

*I accept that the organisers shall not be liable for any injury to my person because of my taking part, nor any loss of property. I accept that refunds will not be made. I understand that photographers will attend this event. I also give consent for the Lancashire County Sportshall Committee to hold my details for Regional selections on a protected computer and by this hard copy. All details will be deleted or shredded by the 1<sup>st</sup> May 2019.*

Parental/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Contact Name \_\_\_\_\_ Contact Number \_\_\_\_\_

Contact Email \_\_\_\_\_

*Athletes can compete in a maximum of 4 events but only one event can be chosen in each of the four categories; A, B, C or D. Pre-registration is £7 per athlete and entries on the day are £10 per athlete and must be entered before 9.40am. Charges are per athlete and not per event. Please tick below, in the correct age bracket, which events your athlete will be competing in and circle the correct event date above. \*See Key below for age brackets.*

*Meeting starts 10am prompt*

	A	B	C	D
Under 11 (Age 8 on day of comp up to year 6)	1 Lap	Speed Bounce	Vertical Jump	Chest Push
	2 Lap	Balance Test	Triple Jump	Javelin (max 5 per club)

	A	B	C	D
Under 13 (School years 7 & 8)	2 Laps	Speed bounce	Long Jump	4 Laps
	6 Laps	Vertical Jump	Triple Jump	Shot Putt

	A	B	C
Under 15 Girls (School year 9 & 10)	2 Laps	Speed bounce	Long Jump
	4 Laps	Shot Putt	Vertical Jump
Under 15 Boys (School year 9 & 10)	2 Laps	Speed bounce	Long Jump
	4 Laps	Shot Putt	Triple Jump

### Events Abbreviations

1L-1 Lap      2L-2 Laps      4L-4 Laps      6L-6 Laps  
 SB-Speed Bounce      HS-High Stepper      BT-Balance Test      VJ-Vertical Jump  
 LJ-Long Jump      TJ-Triple Jump      CP-Chest Push      Jav-Javelin      TT-Target Throw      SP-Shot Put

**ENTRIES TO BOB WELFARE BY SUNDAY 25TH NOVEMBER FOR PRE-COMPETITION PRICE OF £7 –**  
**ENTRIES AFTER THIS DATE ARE £10- CHEQUES MADE OUT TO Lancashire County Sportshall League**