

PRESTON HARRIERS

37TH ANNUAL PRESTON 10 MILE ROAD RACE Sunday 18th November 2018

Inc. Lancashire 10 Mile Road Championship

Race Day Information

Venue	Hutton Grammar School, Hutton, Preston, PR4 5SN
Course	Certified 10 mile (2 Laps) with mile markers.
Start Time	10.00am at Moor Lane, Hutton
Car Parking	Please follow marshal directions & car park signs Do not park on the roads by the school. Please try to car share.
Race Numbers	Collect from Registration before 9.30am. To be worn on the front of the vest. Remember to bring pins. Please fill in name, address & medical details on reverse. Numbers must not be transferred to another runner.
Chip Timing	In the envelope with your race number is a shoe tag, which must be attached to your shoe. Without this you will not record a race time & position.
The Race	At the start you must run over the start mat. Keep to the left on the road unless instructed otherwise by marshals. Failure to follow marshals instructions will result in disqualification
Headphones	For safety reasons the wearing of headphones will result in disqualification. See UKA Rules of Competition.
Finish	Please stay in the finish funnel until your shoe tag has been removed. Numbers & Times will be recorded and a results list published.
Memento	All finishers will receive a Technical Race T-Shirt, medal & goody bag.
Prizes	A full list will be displayed on race day.
Presentation	At 12.30 - 1.00pm
Other Info	Please do not change or leave your kit bag in the registration hall. There is a Bag Drop. Changing rooms, showers & toilets are available.
Race Policy	It is race policy that once a runner has entered the race it will not be possible to offer any refund, transfer an entry to another runner or defer an entry until the following year.



Pete Bland Sports will be present on race day to provide a full range of shoes, clothing and running accessories. You can request a product to be taken to the race by emailing sales@peteblandsports.co.uk or by telephoning 01539 731012

*In accordance with UKA Rules Licence No. 2018 – 32336
Course Measurement Certificate 18 – 417*

