

Lancashire County Sportshall League 2018/19

ENTRY FORM

Blackpool Sports Centre, West Park Drive, Blackpool. FY3 9HQ

4th November 2018

Athlete Name _____ D. of B. _____ M/F _____ Age Group _____

Athlete Address _____

Club/School Name _____ EA Reg No. _____

I accept that the organisers shall not be liable for any injury to my person because of my taking part, nor any loss of property. I accept that refunds will not be made. I understand that photographers will attend this event. I also give consent for the Lancashire County Sportshall Committee to hold my details for Regional selections on a protected computer and by this hard copy. All details will be deleted or shredded by the 1st May 2019.

Parental/Guardian Signature _____ Date _____

Contact Name _____ Contact Number _____

Contact Email _____

*Athletes can compete in a maximum of 4 events but only one event can be chosen in each of the four categories; A, B, C or D. Pre-registration is £7 per athlete and entries on the day are £10 per athlete and must be entered before 9.40am. Charges are per athlete and not per event. Please tick below, in the correct age bracket, which events your athlete will be competing in and circle the correct event date above. *See Key below for age brackets.*

Under 11 (Age 8 on day of comp up to year 6)	A	B	C	D
	1 Lap	Speed Bounce	Vertical Jump	Chest Push
	2 Lap	High Stepper	Long Jump	Target Throw

Under 13 (School years 7 & 8)	A	B	C	D
	2 Laps	Speed bounce	Long Jump	6 Laps
	4 Laps	Vertical Jump	Triple Jump	Shot Putt

Under 15 Girls (School year 9 & 10)	A	B	C
	2 Laps	Speed bounce	Long Jump
4 Laps	Shot Putt	Vertical Jump	
Under 15 Boys (School year 9 & 10)	A	B	C
	2 Laps	Speed bounce	Long Jump
	4 Laps	Shot Putt	Triple Jump

Events Abbreviations

1L-1 Lap 2L-2 Laps 4L-4 Laps 6L-6 Laps
 SB-Speed Bounce HS-High Stepper BT-Balance Test VJ-Vertical Jump
 LJ-Long Jump TJ-Triple Jump CP-Chest Push Jav-Javelin
 TT-Target Throw SP-Shot Putt

**ENTRIES TO BOB WELFARE BY SUNDAY 28TH OCTOBER FOR PRE-COMPETITION PRICE OF £7 –
 ENTRIES AFTER THIS DATE ARE £10- CHEQUES MADE OUT TO Lancashire County Sportshall
 League or Cash ONLY**