

## Women's Records

SENIOR WOMEN				JUNIOR WOMEN U20			
100m	11.61	Donna Hogarth (JW)	1992	100m	11.61	Donna Hogarth	1992
200m	24.02	Donna Hogarth	1995	200m	24.8	Mica Nottingham	2008
400m	57.0	Susan Carnegie	1969	400m	56.95	Rachael Scott	2015
800m	2.03.20	Helen Clitheroe	2002	800m	2.10.11	Stephanie Roe (U17)	2005
1500m	4.01.1	Helen Clitheroe	2002	1500m	4.29.94	Michelle Mann	1996
Mile	4.29.46i	Helen Clitheroe	2010	Mile	5.28.0	Kath Holden (U17)	1970
3000m	8.39.81i	Helen Clitheroe	2011	3000m	9.40.7	Michelle Mann	1996
5000m	15.06.75	Helen Clitheroe	2011	100mH	14.5	Hannah Elwiss	2003
10 Mile	61.01	Michelle Mann	1997	400mH	60.92	Sally Ditchfield (U17)	1993
100mH	14.5	Hannah Elwiss (JW)	2003	1500 s/c	5.18.6	Mary Hodgson (U17)	2013
400mH	60.92	Sally Ditchfield (U17)	1993	2000s/c	7.38.7	Sarah Hodgson	2012
3000 s/c	9.29.14	Helen Clitheroe	2008	High Jump	1.75	Jennifer Glaysher	2001
H/J	1.75	Jennifer Glaysher (JW)	2001	Pole Vault	3.90	Jessica Swannack	2016
P/V	3.90	Jessica Swannack (U20)	2016	Long jump	5.90	Caroline Warden	1990
L/J	6.03	Caroline Warden	1993	Triple jump	11.39	Abbie Unsworth (U17)	2011
T/J	12.31	Caroline Warden	1994	Shot	10.40	Rhiann Beaumont (U17)	2012
Shot	13.23	Elizabeth Elliot	1974	Discus	37.48	Emily Lupton (U15)	2010
Discus	37.48	Emily Lupton (U15)	2010	Javelin	44.53	Amy Lupton	2011
Javelin	44.53	Amy Lupton (U20)	2011	Hammer	41.89	Caitlin Hornby	2016
Hammer	41.89	Caitlin Hornby (U20)	2016	Heptathlon	4549	Hannah Lupton	2010
Heptathlon	4549	Hannah Lupton (U20)	2010				
U17 WOMEN				U15 GIRLS			
100m	12.0	Donna Hogarth	1990	100m	12.7	Sophie Ealand	2007
100m	12.0	Mica Nottingham	2006	200m	25.9	Lyndsey Molloy	1993
100m	12.0	Sophie Riley	2011	300m	42.0	Sophie Ealand	2007
200m	24.85	Mica Nottingham	2007	400m	58.4	Charlotte Crook	2014
300m	40.4	Charlotte Crook	2015	800m	2.14.66	Kate Hindle	2004
400m	57.83	Charlotte Crook	2015	1500m	4.40.75	Emma Deakin	1994
800m	2.10.11	Stephanie Roe	2005	Mile	5.53.5	Elizabeth Holden	1970
1500m	4.34.41	Kate Hindle	2006	3000m	11.05.0	Kate Hindle	2004
3000m	10.26.66	Sarah Hodgson	2010	75mH	10.99	Danielle Rooney	2005
Mile	5.28.0	Kath Holden	1970	300mH	49.9	Kati Williams	2007
1500 s/c	5.18.6	Mary Hodgson	2013	High Jump	1.65	Jennifer Glaysher	1997
80mH	11.21	Hannah Elwiss	2001	Pole Vault	3.11	Ava McGuckian	2014
300mH	43.8	Sally Ditchfield	1990	Long jump	5.34	Harriet James	2006
High Jump	1.74	Jennifer Glaysher	1999	Triple jump	10.32	Nadia Patel	2012
Pole Vault	3.70	Jessica Swannack	2015		10.32	Daisy McDonald	2016
Long jump	5.70	Eleanor Markendale	2006	Shot	11.15	Emily Lupton	2010
Triple jump	11.39	Abbie Unsworth	2011	Discus	37.48	Emily Lupton	2010
Shot	10.40	Rhiann Beaumont	2012	Javelin	36.34	Amy Lupton	2008
Discus	37.48	Emily Lupton (U15)	2010	Hammer	37.10	Emma Vickers	2015
Javelin	40.69	Rhiann Beaumont	2012	Pentathlon	3147	Jasmine Jolly	2016
Hammer	45.7	Caitlin Hornby	2015				
Heptathlon	4256	Rhiann Beaumont	2012				
U13 GIRLS				U11 GIRLS			
75m	10.0	Keighley Cairns	2013	50m	7.5	Harriet James	2002
100m	13.3	Laurn Wood	2016	100m	14.2	Harriet James	2002
150m	19.8	Keighley Cairns	2013	200m	29.3	Sarah Chadwick	2008
200m	27.7	Keighley Cairns	2013	400m	72.8	Jasmine Jolly	2012
400m	67.8	Beverley Inniss	1972	800m	2.38.3	Jasmine Jolly	2012
800m	2.24.7	Jasmine Jolly	2014	Shuttle Run	15.1	Megan Cooper	2002
1200m	3.50.9	Jasmine Jolly	2014	Shuttle Run	15.1	Harriet James	2002
1500m	5.03.1	Jasmine Jolly	2014	High Jump	1.27	Ella Roberts	2007
70mH	11.5	Hannah Elwiss	1996	Long Jump	4.17	Sarah Chadwick	2008
High Jump	1.46	Ella Roberts	2009	Vertical Jump	54	Alexandra Livesey	2006
Long Jump	4.76	Molly Melling	2011	Standing Triple	6.70	Sarah Chadwick	2009
Shot	10.02	Macy Noblett	2016	Cricket Ball	38.95	Emily Lupton	2006
Discus	27.81	Emily Lupton	2008				
Javelin	26.19	Laurn Wood	2016				
Hammer	23.02	Caitlin Hornby	2011				
Pentathlon	1909	Lauren Tunstall	2015				