

**36TH ANNUAL 'MYPROTEIN'**  
**PRESTON 10 MILE ROAD RACE**  
**Sunday 19th November 2017**

**Inc. Lancashire 10 Mile Road Championship**

**Race Day Information**

Venue	Hutton Grammar School, Hutton, Preston, PR4 5SN
Course	Certified 10 mile (2 Laps) with mile markers
Start Time	10.00am at Tolsey Drive, Hutton
Car Parking	Please follow marshal directions & car park signs Do not park on the roads by the school Please try to car share
Race Numbers	Collect from Registration before 9.30am To be worn on the front of the vest. Remember to bring pins. Please fill in name, address & medical details on reverse Numbers must not be transferred to another runner
The Race	Keep to the left on the road unless instructed otherwise by marshals. Failure to follow marshals instructions will result in disqualification
Headphones	For safety reasons the wearing of headphones will result in disqualification. See UKA Rules of Competition.
Finish	Numbers & Times will be recorded and a results list published
Memento	All finishers will receive a Technical Race T-Shirt & Medal
Prizes	A full list will be displayed on race day
Presentation	At 12.30 - 1.00pm
Other Info	Changing rooms, showers & toilets available



**Pete Bland Sports** will be present on race day to provide a full range of shoes, clothing and running accessories. You can request a product to be taken to the race by emailing [sales@peteblandsports.co.uk](mailto:sales@peteblandsports.co.uk) or by telephoning 01539 731012

*In accordance with UKA Rules Licence No. 2017- 28304  
Course Measurement Certificate 15/157*



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