

36TH ANNUAL 'MYPROTEIN'
PRESTON 10 MILE ROAD RACE
Sunday 19th November 2017

Inc. Lancashire 10 Mile Road Championship

Course	Flat 2 lap UKA measured course. ** Chip Timing **
Start Time	10.00am
Venue	Hutton Grammar School, Hutton, Preston, PR4 5SN
Entries	Race open to all runners over 17 years of age on race day
Entry Fee	£16 for affiliated club runners. Unattached runners £18 Entries on the day only available if entry limit not reached £2 extra

Entry Online only at www.bookitzone.com/preston_harriers/1J2FFX

Race numbers to be collected before 9.30am on race day

PRIZES

Course Record Sponsored by  £250 Men & Women

1st—3rd Men. 1st MU20, MV40, MV45, MV50, MV55, MV60, MV65, MV70
1st—3rd Ladies. 1st WU20, WV35, WV40, WV45, WV50, WV55, WV60, WV65
Teams 1st Men & Women Team (3 to Count)

Prize list may be amended depending upon race entries
Technical Race T-Shirt & Medal to all finishers

Course Record - Men 49:43 Women 58:05



No Headphones

Further Information
www.prestonharriers.co.uk
Email: prestonharriers70@gmail.com



*In accordance with UKA Rules Licence No. 2017- 28304
Course Measurement Certificate 15/157*

